



**Southeast Vancouver Seniors Arts
And Cultural Centre Society
S-53479
Meeting # 70
Champlain Heights Community Centre
Wednesday February 19, 2015 at 10:00AM
www.SVSACS.org – 604-325-0163
Our Goal: a Dedicated Seniors Centre**

Minutes

Present: Lorna Gibbs, George Grant, Ramesh Kalia, Mabel Leung, Nelson Didulo, Belen Domingo, Des Burke, Wendy Emslander, Margaret Homonnay, Philip Mah, Bert and Barbara Massiah, Lucette Moody, Tom Chin, Abdul and Val Shaikh, Donna Davies, Barbara Warner, Gail McKay and guest Josephine Bianco.

1. Call to Order – 10:00 am - Lorna Gibbs in the chair
2. Approval of Agenda - moved by Philip Mah, 2nd by Gail McKay, carried.
3. Approval of Minutes of Meeting 69 - moved by Bert Massiah, 2nd by Barbara Warner, carried.
4. **President's Report:** Lorna began by recognizing the achievements of Abdul Shaikh who was inducted into the Canada Games Hall of Honour on February 12th in Prince George, the venue of the 2015 Canada Winter Games. The award was in the Builder Category, in recognition of his unwavering guidance and support over the years that has helped to mould the next generation of Canada's Professional and Olympic athletes.

Lorna reported on the meeting Feb. 12, 2015 where the Park Board and Bridging Consultant presented design options of the seniors Centre at Killarney. Two floor plan layouts were displayed along with four kitchen options. Discussion centered on the kitchen options.

Existing kitchen – room 204 – considered cost free – could perhaps serve 50 catered meals.

Option A - expand existing kitchen to 89 sq m (957 sq ft) cost est. \$430,000. Complete rebuild.

- Onsite food preparation and catering serving 150 meals/day.

- Eliminates north portion of room 203 – est. loss of 61 sq m (656 sq ft) of space

Option B: expand existing kitchen by 11 sq m (118 sq ft) cost est. \$212,000. (~20K/sq M.)

- Catering only, serving capability est. at 150 meals/day.

- Reduces north portion of room 203 from 61 sq m to 50 sq m (538 sq ft).

Option C: locate kitchen in Seniors Centre – 89 sq m (957 sq ft) cost est. \$380,000 **not** including envelop cost which will occur regardless of how space is used.

- Option C is \$50,000 less than est. for Option A.

- Onsite food preparation and/or catering serving 150 meals/day.

- Most desirable from seniors' perspective and may be considered the most efficient use of overall space.

After considerable discussion a motion was put forward by Philip Mah, 2nd by Bert Massiah:

That meals be prepared on site in a dedicated commercial kitchen located within the Seniors Centre. The motion passed.

Lorna asked members to send emails to her supporting the motion.
The kitchen options as provided by Park Board are attached.
Lorna also reported that negotiations with respect to the JOA continue.

5. Presentation by Eve Silverman from COSCO: *Life Without Driving*. Her seven-page presentation is attached. The following topics were covered in the workshop:
Visit **SeniorsBC.ca** for additional options and information.

- How aging affects driving skill
- Taking control of your decision to drive
- Deciding when to stop driving
- Making a plan: Adjusting to life without driving
- Alternative transportation opportunities

Her main points were:

- Be proactive - analyze your driving capabilities. Discuss with family.
- Drivers aged 80 may have to have a medical exam to continue driving. Cost vary, and is not covered by MSP.
- Be aware of effects drugs may have on your driving capability.
- Plan ahead for the time when you may have to cease driving.
- Familiarize yourself with the travel options available including walking, electric scooters, buses, HandyDart, taxies, community groups offering transport, family, friends etc.
- There are financial benefits to giving up your vehicle - no more expense on insurance, gas, etc. money that can go towards alternate transport.
- Become politically involved.

Nelson outlined the community transport service available through SVNH. Call 604 324 6212 or email svnh@southvan.org for more detail.

6. Now Business - none

7. Adjournment at 11:30 am - moved by Nelson Didulo, 2nd by Barbara Warner, carried.

2015 Membership fees \$5.00 are now due.

Wednesday March 4, 2015 Luncheon/Movie: *The Secret Life of Walter Mitty* - Rated R. Adventure/comedy/Drama/, 114 min. **Luncheon for 1st 30 seniors served at 11:30 am.** Reservation not required for the movie. Coffee/tea available. Movie start time 12:20

Next meeting: March 19, 2015 10:00 am at CHCC. Everyone is welcome.

SVSACS PARTNERS are all working together to get a real Seniors Centre for you!

